

# Return to work strategies and interventions

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#### **Structure**

- 1. Relevance of rehabilitation and return-to-work
- 2. Statutory Accident Insurance in Germany
- 3. International quality standards on return-to-work (RTW)
- 4. Disability Managers in Germany



#### **Global Facts**

Around one billion people in working age are disabled worldwide.

80% of disabilities are not inborn, but developed during life time.

Most of them become unemployed and dependent on long-term benefits.



### **Thesis**

- 1. Social Security Schemes respect the paradigm-shift from only compensating claims and paying pensions to create structures and processes in pro-active rehabilitation programs.
- 2. Return-to-work (RTW) strategies attract traditional vocational rehabilitation programs to the state, the enterprises, insurers and service providers by measures close to the worksite.



# Finding the way back to the working life suffering from injuries or diseases





#### **Return on Investment**

- The state increases the prosperity of the society that corresponds to its workforce and its working longer and harder (demographic factor).
- Employers need their skilled workers fit for work on a long-term base and want to strengthen their work capacities.
- Health providers are paid for supporting their clients on their way back to work. This is the main reason of financing health care systems!



## Return to Work – a human right



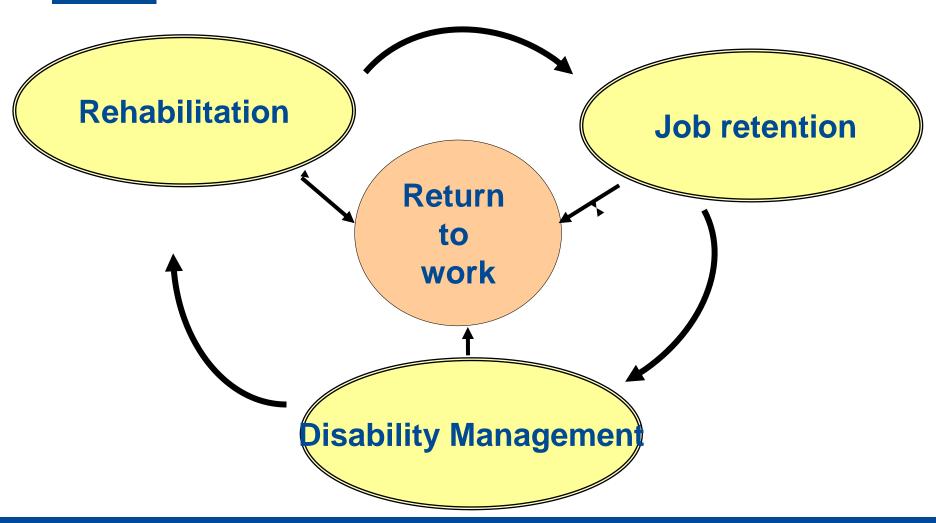


## Convention of the Rights of Persons with Disability (CRPD), 2008 Art. 27 UN-CRPD "Work and Employment"

- " (1) States parties shall safeguard and promote the realization of the right to work, including for those who acquire a disability during the course of employment, by taking appropriate steps, including through legislation, to, inter alia:
- (k) Promote vocational and professional rehabilitation, job retention and return to work programmes for persons with disabilities.



## **Terms**





## **Key questions of societies**

- How employees with disabilities can receive comprehensive medical, vocational and social services like out of one hand?
- How employers can be motivated and supported in their activities of retaining employees with chronic diseases at work?
- How health care service providers can act close to the working life with the impact on the employability of workers?
- How insurers, which pay for compensation in social security, can support these key challenges in societies?



### **German Social Statutory Insurance**

- Accident Insurance
- Health Insurance
- Long-Term Care Insurance
- Pension Insurance
- Unemployment Insurance

<u>www.deutsche-sozialversicherung.de</u> (english version)



## Social accident insurance in Germany

- Responsible for work accident and occupational diseases including commutable accident.
- Close contact to about 3,3 million enterprises in Germany as their compulsory members including children in Kindergarten and schools.
- Financed only by contributions of the employers, but liability of both social partners (not state-run) as non-profit institutions.
- Social Code (No. 7) divides in independent social insurance carriers in industrial branches and civil services of regions represented by an umbrella organisation in Berlin (DGUV)



## Statutory Accident Insurance in Germany

#### **Prevention**

(Occupational Health and Safety, Health Promotion)

A comprehensive service

#### Rehabilitation

(medical treatment, vocational and social rehabilitation)

#### Compensation

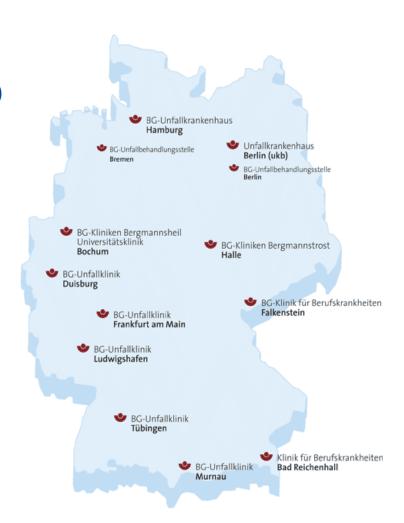
(financial benefits, pensions)



#### **Medical Services**

(acute treatment and medical rehabilitation)

- 3000 authorized surgeons
- 300 in-patient authorized clinics
- 150 out-patient facilities
- 9 own accident clinics
- 2 own clinics for occupational diseases





## Keep in mind!

Merely six weeks of sick-leave reduce return-to-work success down to 50%.



## International Cooperation: Guidelines on RTW

- •International Social Security Association (ISSA), Geneva
- •Rehabilitation International (RI), New York
- International Disability Management Standard Council (IDMSC)

(Decision: Doha/Qatar, November 2013)



#### **Success factors in RTW**

Qualification of Experts

Collaboration among stakeholders

Holistic Approach

Social Security
Scheme

participation of the individual

Early Intervention

Case Management



### **Key elements of success**

#### **Holistic Approach**

- Employer's liability makes RTW easier
- Combination of medical and vocational services
- Bio-psycho-social model (ICF) of the WHO as a tool
- Prevention and Rehabilitation



## Preventing early retirement – German approach

New legal obligation since 2004 – Disability Management (DM)

- Employers have to offer DM procedure if
- employee is ill more than six weeks per year and
- frequently or in time intervals of absence from work

#### Federal Labor Court decision 2007:

 if employers do not provide evidence that they have offered a disability management program they may not dismiss the employee because of illness



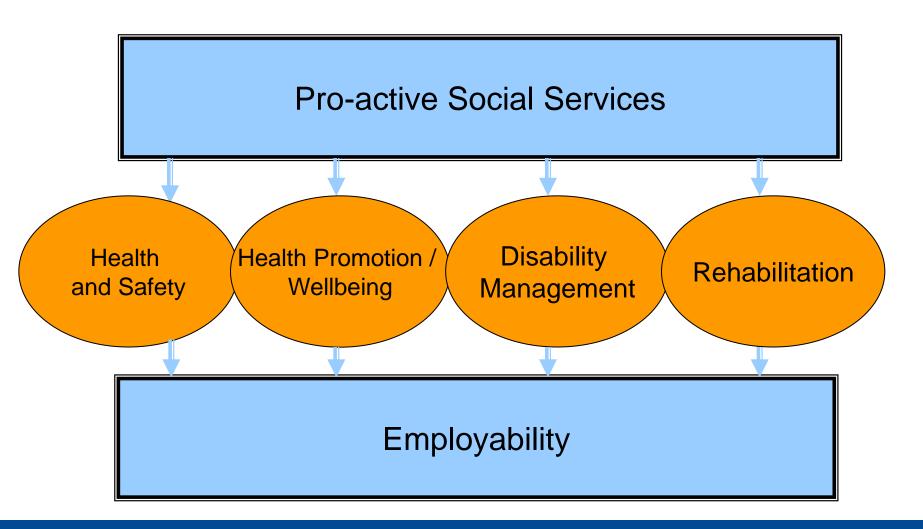
## Medical Rehabilitation close to the working-place increases the productivity of a person







### **Prevention and Return-to-Work**





## **Key elements of success**

#### Early intervention

- Waiting for applications of claims leave social insurers in a passive role.
- Early information initiated and assisted by enterprises or physicians.
- Cooperation with stakeholders in enterprises (company-physicians).



# Art. 26, 1 a UN-CRPD "Habilitation and Rehabilitation"

"Services and programs begin at the earliest stage, and are based on the multidisciplinary assessment of individual needs and strengths..."



### **Key elements of success**

#### **Case Management**

- Starting with indicators based on ICF (WHO).
- Realizing and assessment of abilities instead of deficits.
- 10% of cases need rehabilitation management. These severe cases cause insurers 90% of their costs.



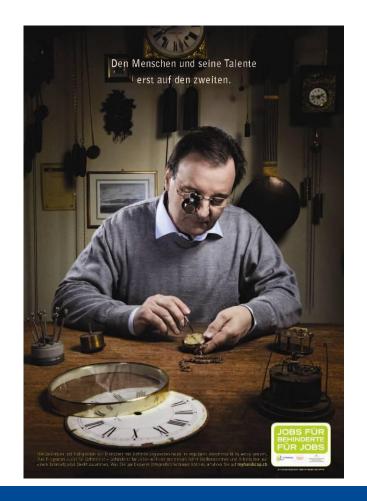
## Identify cases that need additional management





#### Different perspectives – a barrier for occupational participation







### **Key elements of success**

#### Participation of the Individual

- UN-Convention on the Rights of People with Disabilities (CRPD) in 2008 (Art. 26).
- Codification in social and labor law by compulsory duties and incentives for RTW.
- Action Plans for implementing participation, inclusion, diversity and individualism.





#### Action Plan of the German Social Accident Insurance

for implementation of the UN Convention on the Rights of Persons with Disabilities 2012 – 2014





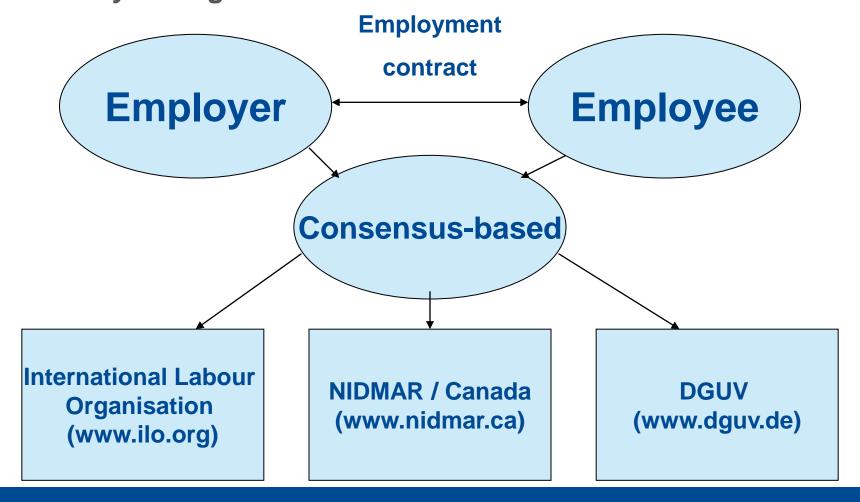
### **Key elements of success**

#### Collaboration among stakeholders

- Social security institutions must coordinate RTW mutually.
- Creating an umbrella association of prevention and rehabilitation on a federal level.
- Needs of smaller enterprises give the floor for "Regional Centers of Competence" with one-stop-shop service.



## Qualification of experts in RTW Disability Managers



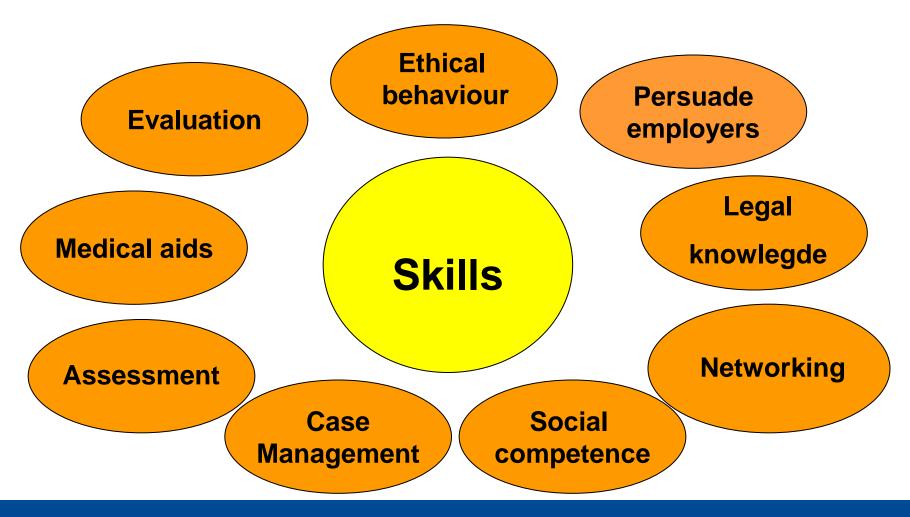


#### **Qualification of Experts in RTW**

- certification of training program and examination for "Disability Management Professionals" and "Return to Work Coordinators"
- rights to perform audits of and certify disability management in companies

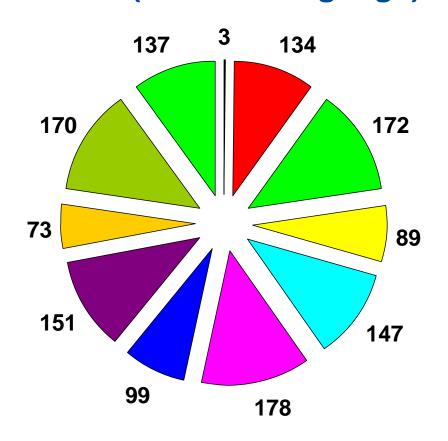


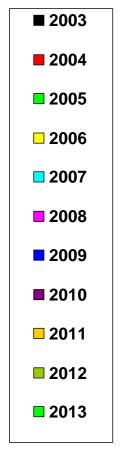
## Nine key elements of skills





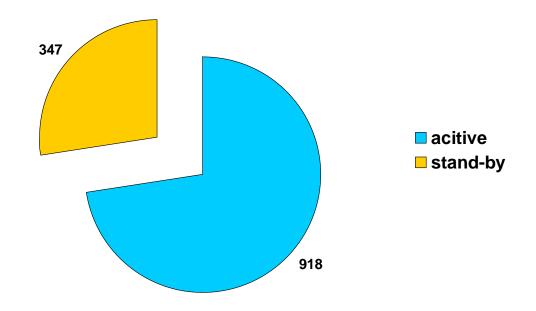
## 1353 CDMP / CRTWC Exams in Germany (German language)





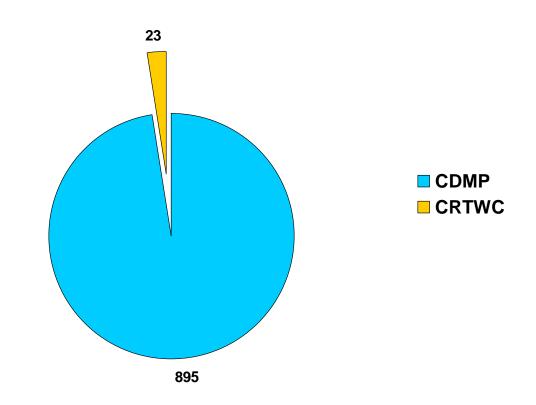


## 1265 CDMP / CRTWC in Germany



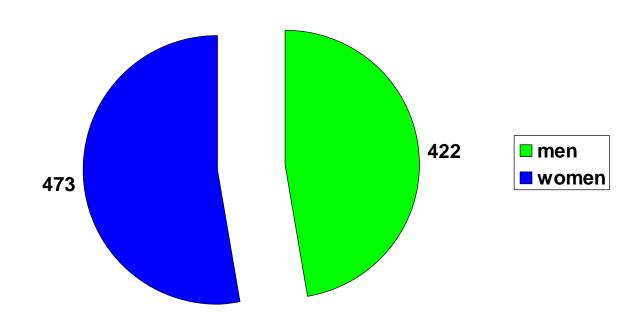


#### 918 active CDMP / CRTWC



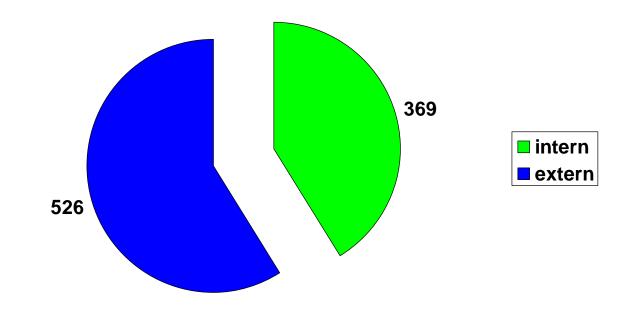


## 895 active CDMP Gender Statistics



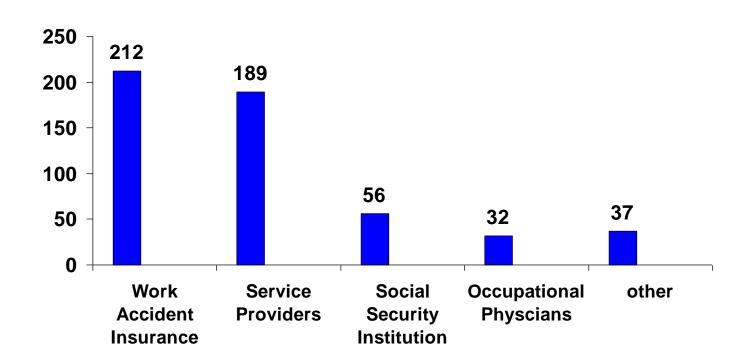


# active CDMP working in and for enterprises



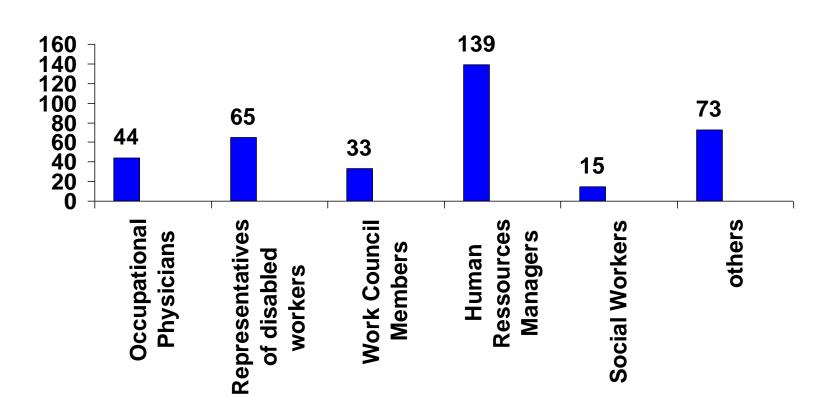


# 526 CDMP Working for enterprises (SME)





## 369 CDMP working in enterprises





#### **Useful links**

- www.disability-manager.de
- www.ifdm2014.com.au
- www.dguv.de
- www.issa.int
- www.idmsc.org
- www.riglobal.org
- www.ecri2014.eu





Thank you for your attention!

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